

RFA "A FAMILY AFFAIR"  
CATERING

*Food guaranteed to satisfy your catering needs,  
service that blesses the heart*

**Breakfast Bunches**

Assortment of Bagels, Cheese Biscuits, and  
Breakfast Breads served with butter, cream  
cheese, and preserves

3.75

**Healthy Alternative**

Fruit, Boiled Eggs, Yogurt Cups with Granola  
and Salad

8.95

**Continental Express**

Breakfast Bunches, Pastries, Seasonal Fresh  
Fruit Salad and Orange Juice and Coffee  
Service

7.10

**Add Bacon, Sausage Patti or Ham**

3.95

*Hot Breakfast Choices served with choice of  
Seasonal Fresh Fruit or Breakfast Pastries*

**Breakfast Egg Casserole**

Eggs, Hot or Mild Sausage, and Cheddar  
Cheese

8.95

**Breakfast Quiche**

Choice of Sausage and Gruyere Cheese, Three  
Cheese, baked in a flaky crust

8.95

**Buffets**

**RFA Southern Buffet**

Scrambled Eggs, Cheese Grits, Bacon,  
Sausage Patties, Biscuits, Seasonal Fresh  
Fruit, Coffee Service, and Orange Juice

9.25

**RFA Southern Buffet Deluxe**

Southern Buffet with Salmon Croquettes  
And choice of Egg Casserole, Quiche, or  
Breakfast Cereals.

11.25

**10 person minimum**

**All Breakfast Items served  
on Attractive Plastic Platters  
and Bowls unless hot items.**

**Beverages**

**Orange, Apple, or Cranberry Juice**

**1.95 per person**

**8.00 per gallon**

**Regular or Decaf Coffee To Go**

*Disposable Thermal Container*

*Serves 12 (includes cups)*

14.95

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## **The Basic Lunch**

*(10 Person Minimum)*

*Packaged in a Paper Carton or Platter*

5.95

Sandwich of your choice

*(Served with Dill spear and Chips)*

Buffalo Chicken Tender Wrap

Chunky Chicken Salad

BLT

Classic Roast Beef

Zesty Tuna Salad

Smoked Salmon Wrap

Grilled Portabella Mushroom

Roasted Turkey

Marinated Chicken Breast

Or

House Mix Green Salad

*Diced Cucumbers, Tomatoes, Tri-Color Peppers,  
Fresh Garlic with Lime Vinaigrette Dressing*

**Add Potato, Fruit or Pasta Salad**

**3.15 per Person**

**Add Fresh Baked Cookie**

**1.75**

*Cookies: Chocolate Chip, Oatmeal, Peanut  
Butter, White Chocolate Macadamia Nut*

**½ Dozen 9.55**

**Bakers Dozen 18.55**

**Assorted Desserts:**

*Lemon Bars, Pecan Squares, and Chocolate  
Chunk Brownies*

2.75

## **Board Room Lunch**

*Served with choice of Pasta, Potato, or Fruit  
Salad, Kosher Dill Pickle, Cookie or Brownie  
Dessert, Mint and Cutlery include*

9.95

**Buffalo Chicken Tender Wrap**

*Buffalo style chicken tenders, blue cheese  
sauce, lettuce, tomato, sundried tomato wrap*

**Chunky Chicken Salad**

*Served with lettuce on a Flaky Croissant*

**BLT**

*Smoked Applewood Bacon, Lettuce, and  
Tomato served on Whole Wheat Bread*

**Classic Roast Beef**

*Roast Beef, lettuce, tomato, provolone cheese,  
sundried tomato aioli, on hoagie roll*

**Zesty Tuna Wrap**

*Light Peppery tuna salad, lettuce, tomato, on  
Flaky croissant*

**Smoked Salmon Wrap**

*Red onions, tomatoes, capers, shredded lettuce,  
cilantro crème fraîche, on spinach tortilla*

**Roasted Turkey**

*Lettuce, tomato, provolone on Focaccia Bun*

**Grilled Portabella Mushroom**

*Roasted red Peppers, Mozzarella, pesto mayo,  
on Kaiser Roll*

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**Barbeque Beef Brisket**

10.95

*Thinly sliced with our specialty BBQ sauce on  
Texas Toast*

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## **Salads**

**Chicken Caesar**

*Grilled or Fried Chicken Breast Strips served  
on bed of Romaine Lettuce, Fresh Grated  
Parmesan Cheese, Seasoned Croutons, and  
Caesar Dressing, Breadsticks, Cookie or  
Brownie Dessert*

8.45

**RFA Super Salad**

*Combination of our Chicken Salad, House  
Pasta Salad, Seasonal Fresh Fruit Salad, and  
House Salad with Lemon Vinaigrette, Mixed  
breads, Cookie or Brownie Dessert*

9.25

## **Hot Lunch Selections**

*10 Person Minimum*

*Served with Herb Cheddar Biscuits and Butter*

12.25

### **RFA Mushroom Chicken**

Seasoned Marinated Breast of Chicken in a light Mushroom Sauce Served with Side, Vegetable, and Salad

### **RFA Stuffed Meatloaf**

Top Sirloin or Ground Turkey stuffed with Parmesan, Mozzarella, Monterey Jack Cheeses, Spinach topped with our rich Tomato Sauce served with Side and Salad

### **Chicken Pasta**

Penne Pasta with Seasoned Chunks of Chicken, Sundried Tomatoes, Trio of Peppers, Tossed in Creamy Alfredo Sauce Served with choice of Salad and Vegetable

### **Cajun Tilapia**

Cajun spiced Tilapia lightly baked with a Corn Relish Served with vegetable, Side, and Salad

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*The Following Meals include a Vegetable, Side, and Salad*

14.25

### **Grilled Spicy Shrimp**

Spicy Large Shrimp Satay

### **Jerk Chicken**

Caribbean flavored Chunks Chicken served over Black Beans

### **Marinated Beef Kabobs**

Beef Tenderloin, Peppers, Onions With Spicy Au Jus

### **Buffets**

*Includes Assorted Dessert Bars and Peach Tea*

18.00

### **Italian-**

Chicken Piccata, Baked Ziti with Italian Sausage, Angel Hair Pasta Tossed with Shrimp in a Garlic Butter Sauce Caesar Salad, and Garlic Bread

### **Mexican-**

Fajita bar with Chicken, Taco Bar with Beef, Mexican Rice, Refried Beans, Tortilla Chips with Salsa & Guacamole & Cheese Dip, Tossed Greens with Salad Shells

**(Minimum of 10 people cannot order with other items)**

### **Vegetable**

Sautéed Medley Vegetables, Steam Broccoli, Green Beans, Southern Greens

### **Side**

Rice Pilaf, Yellow Rice, Bake Sweet Potato, Angel Hair Pasta

### **Salad**

Seasonal Fresh Fruit Salad, Caesar Salad, or Mix Green Salad with House Vinaigrette

### **Dressings**

Ranch, Balsamic Vinaigrette, Caesar, Italian, Orange Vinaigrette or Blue Cheese

### **Beverages**

Sweet or Un sweet Tea (Gallon)

6.50

Peach Tea (Gallon)

7.50

Assorted Sodas (12oz)

1.95

Bottled Water

1.25

Regular or Decaf Coffee

14.95

Ice and Cups

.50

### **Deli Deluxe Tray**

RFA Chicken Salad, Tuna Salad, Pimento Cheese, Honey Baked Ham, Smoke Turkey, Swiss, Provolone, Prepared on Whole Wheat, Croissants, Pumpernickel, Rye Breads, Pickle Spears, Chips and Condiments

12.95 per person

### **Party Bites**

*(Choose 3)*

Potato Chip A la Carr

Chicken Satay with Peanut Sauce

Chili Lime Salmon Satay

Vegetable Spring Rolls

Portabella Puff

Spinach and Feta Spanikopita

Mini Stuffed Chicken Breast topped  
with Goat Cheese

*(Serves 10-15 people)*

49.95

### **Dips**

*(Served with Assorted Toast Point or  
Tortilla Chips)*

Tomato Bruschetta

Spinach and Artichoke Dip

Hummus

13.95

### **Trio of Gourmet Cheese and Fruit Platter**

Crab Cheese with Sundried Tomato

Cheddar Cheese Heart with Raspberry Preserve

Italian Cheese with Pesto and Roasted Almonds

*(Serves 10-15 People)*

35.95

